

# POSITIVE PARENTING PROGRAM

## TRIPLE P SEMINAR SERIES (Teens)

### WHAT is Triple P?

- A toolbox of tested-and-proven parenting strategies for you to choose from
- Ranked by the United Nations as the world's Number 1 parenting programme
- Tested with thousands of families for more than 35 years



### WHY should you attend?

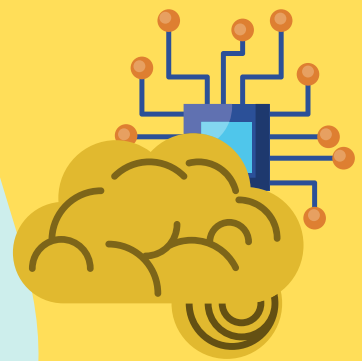
- Triple P is for every parent who wants to reduce your parenting stress and improve your teen's behaviors!
- Conducted by Triple P Certified trainers, approved by the Ministry of Social and Family Development (MSF).
- Attend all 3 seminars and take home tipsheets with all the parenting tips!

**Fully  
subsidized**

*\*\*At no cost to parents!*

### **01** Seminar 1: Raising Responsible Teenagers

Help your teens be more respectful, considerate, reliable and learn to make their own decisions!



### **02** Seminar 2: Raising Confident, Competent Teenagers

Empower and guide your teens to make their own routines and watch them as they develop self-discipline to follow through!

### **03** Seminar 3: Getting Teenagers Connected

Influence your teens to build healthy relationships by caring for others, being confident and assertive, and planning ahead for situations!



## Seminar Details

Dates: 5th, 12th & 19th August  
(Fridays)

Time: 8pm to 9.30pm



<https://forms.office.com/r/Zcwc9KX3YS>

For more information on Triple P, please visit: <https://www.triplep-parenting.net/global/triple-p/>

Presented to you by:



MWS is an MSF-appointed Social Service Agency conducting secular parenting programmes